

EVENTS SCHEDULE

Date	Day	Time	Event
5/28/13	Tuesday	3:30-7:00	Afternoon Practice Starts! (See Practice Schedule)
6/12/13	Wednesday	5:30	Time Trials (Raindate – We will get times during practices) NO PRACTICE THIS DAY!
6/14/13	Friday	3:30-5:00	First Start-n-Turns & Buddy Day Due Date for Response Forms
6/17/13	Monday	10:30-2:30 6-7	Morning & Evening Practices Start (see Practice Schedule)
6/20/13	Thursday	6:00	Opening Banquet with the Tennis Team
6/21/13	Friday	2:00	Poster Day - Bring your markers!
6/22/13	Saturday	9:00	First Swim Meet vs. North St. John's (HOME) TEAM PICTURES AT 7:30 AM SHARP!
6/25/13	Tuesday	10:30-12:30 1-3 6-8	Lapathon starts at 10:30, 1:00 and 6:00 Triathlon starts at 10 and 12:30 (Raindate Monday, July 8 th)
6/29/13	Saturday	9:00	Second Swim Meet vs. Roland Run (AWAY)
6/30/13	Sunday	4:00	Rock-n-Roll Relays and Ice Cream Social
7/04/13	Thursday		No Practice! HOLIDAY for EVERYONE!
7/06/13	Saturday	9:00	Third Swim Meet vs. Westminster Riding Club (AWAY)
7/08/13	Monday	10:30	Lapathon Make-up Day (no triathlon)
7/13/13	Saturday	9:00	Fourth Swim Meet vs. Rollingwood (HOME)
7/14/13	Sunday	2:00	Coach Sue's 20 Year Celebration
7/17/13	Wednesday	5:00	Novice Meet at Andover (Raindate 7/18)
7/20/13	Saturday	9:00	Fifth Swim Meet vs. South Carroll (HOME)
7/20/13	Saturday	7:00	Lock-In
7/21/13	Sunday	7:00	Pancake Breakfast
7/22/13	Monday	12:15-2	Division Practices start! (See Practice Schedule)
7/22/13	Monday	5:30	Closing Banquet at Glen Burnie Elks Club
7/24/13	Wednesday	10:00	League Championships (Location – Four Seasons)
7/27/13	Saturday	9:00	Division Championships at South Carroll
7/30/13	Tuesday	7:00	Andover Tigers at the Bowie Baysox Game

Time Trials

On Wednesday, June 12th, at 5:30 (warm-ups, 6:00 start) we will be having team time trials. This event provides valuable information to Coach Sue, especially if you are new to the team. Each swimmer will swim each event (Free, Back, Breast, Fly and for some the IM). We will be running the Trials as we would in a real meet! If you cannot make Time Trials then please inform Coach Sue so she can get your times during practice. No rain date – we will get times during practice. There will not be practice on the 15th!

Extra Practice for Starts & Turns – Fridays from 12:30 – 1:15 PM (on 6/14 start at 3:30)

Starting on the Friday, June 13th at 3:30 we will have our first “Starts and Turns” Practice. The following weeks they will start at 12:30. Before Buddy Day begins we will have some extra time to practice our Racing Starts and Fliturns. All are encouraged to attend.

Friday Swim Practices - Buddy Day 1:15 – 2:00 PM (on 6/14 start at 3:30)

Starting on the Friday, June 13th we will starting our “Buddy Day”. We encourage all older kids on the team to “Buddy Up” with a younger swimmer and help teach them proper techniques on stroke work, flip turns and diving!

Opening Banquet

On Thursday, June 20th at 6:00 will be our Opening Banquet along with the Tennis Team. Each family will provide a main meal dish along with either a salad or dessert. A sign-up board will be posted a week prior to the banquet.

Poster Day

On Friday, June 21st at 2:00 PM the team will be making posters for our swim season. Poster board and construction paper will be provided. Please bring your markers and your imagination!

Team Pictures

We will be having our team picture taken on Saturday, June 22nd at 7:30 AM SHARP! We will take our picture before warm-ups in the Tiger Tank. Individual pictures in the Main Pool. Be at Andover by 7:15 AM to start lining up! More information to follow....

Swim Meets

There are 5 dual meets throughout the summer starting on Saturday, June 22nd. The meets start at 9:00 a.m. The home team warm-ups will be from 8:00 to 8:30, and the away team will be from 8:30 to 9:00. For away meets the directions will be given the weekly Coach’s Corner which is sent by email. There are 61 events in each meet and it lasts approximately 4 hours! The meet is won by the team with the most points. For individual events a first place receives 5 points, a second place receives 3 points and a third place receives 1 point for the team. For relay events a first place receives 5 points and a second place receives 2 points. The 6 & Under events do not count towards scoring.

Lapathon/Triathlon

Our only fundraiser will be held on Tuesday, June 25th at three different times. The time slots are as follows: 10:30 AM -12:30 PM, 1:00-3:00 PM and 6:00-8:00 PM. We plan on playing music and have a fun time while challenging ourselves in this long distance event. This is the only opportunity to raise money for our team by getting family and friends to sponsor them in swimming laps or participating in a mini-triathlon! Pledges may be made per lap, or a flat fee. (This is not tax deductible - Sorry!) Pizza and soda will be served afterwards to all participants! Rain/Makeup date is Monday, July 8th.

July 4

No practice! Enjoy the holiday!

Ice Cream Social / Rock-n-Roll Relay Night

On Sunday, June 30th at 4:00 the swimmers and their parents are invited to participate in our Relay night. Just like last year we will have some MUSIC so we can rock-n-roll while we swim. The committee is working on this event and they might include Father/Son, Father/Daughter, Mother/Son, Mother/Daughter, Best Friends, Sister/Sister, Brother/Brother and Sister/Brother. Awards will be given to all participants - so parents start getting into shape! Rain date is Monday, July 1st at 6:00 PM.

Novice Meet

On Wednesday, July 17th, we will be hosting the Novice meet. Only swimmers that normally do not get ribbons during the dual meets will be invited to swim in this meet. Coach Sue will notify participants for this meet. Awards will be given out to 8th place and each swimmer entry will be required to pay a fee (usually around \$2.00/event). This always seems to be a really fun night for all! The Rain Date will be Thursday, July 18th.

LOCK-IN

On Saturday, July 20th at 7:00 p.m. we will have our sixteenth annual Lock-In at the pool. Please bring your sleeping bags and tents and set up on the pool's playground! ***This event is for Swim & Tennis Team members ONLY!*** All team members are welcomed to join in the activities until Midnight. After midnight any member without their PARENT will have to go home – sorry – no substitutes! No rain date is planned!

Pancake Breakfast

On Sunday, July 21st at 7:00 a.m. A crew will be whipping up some pancakes for all swimmers and their families. The cost is free! This is our way of saying thanks for being a part of the team!

League Championships

On Wednesday, July 24th the League Championships will be held at Four Seasons. Only swimmers that have qualified for an event are allowed to participate. There are 54 teams in the Central Maryland Swim League (CMSL) and it is a great honor to be eligible for this meet. Awards are given out to 10th place. Each entry will be required to pay a fee.

Division Championships

On Saturday, July 27th the Division Championships will be held at SOUTH CARROLL. Each team is allowed to send up to 4 swimmers, per event. After the third swim meet, Coach Sue will inform the swimmers who may participate in the Division Championships. The meet starts at 9:00. Each swim entry will be required to pay a fee.

Closing Banquet

On Monday, July 22, at 5:30, we will be holding our closing “ceremonies” at the Glen Burnie Elks Club in Severn. Individual awards will be given out to all Andover Tigers. Each family will be responsible to bring a main dish and a salad/dessert. A sign-up board will be posted a week prior to the banquet.

Anne Arundel County Championships (SPY)

Every year the SPY Aquatic Clubs hosts the Anne Arundel County Championships. This is open to all teams in our county. This meet is **OPTIONAL!** Dates have not been posted at this time. Coach Sue will provide more information about this meet closer to mid-June.

How to Prevent an Ear Infection

Mix together a container with ½ rubbing alcohol and ½ white vinegar. After a day at the pool put a few drops in each ear to prevent an earache. This was recommended by a pediatrician!

Swim Suits

Please contact *Metro Swim Shop* to try on and buy our NEW Team Swim Suit.

SWIM SUIT STYLE – Dolphin Tracks Print Crossback – 2 Year Suit

GIRLS SWIM SUIT PRICE – From \$49.75 for kids through \$58.95 for Adult sizes

BOYS SWIM SUIT PRICE – Jammers from \$31.25 for kids through \$37.95 for Adult sizes

Briefs from \$25.50 for kids through \$30.95 for Adult Sizes (same design as the female suits)

Place : Metro Swim Shop, Pam Pulley, Manager
Address : 883 Airport Park Road, Suite E
Phone : (443) 891-0800

File Folders

Each swimming family will have a folder in their name located in the Tiger Tank room. The coaching staff will bring out the folders during the practices. The folders will contain information/ribbons for your retrieval. All the Coaches, the Team Representative Linda Solace, and Team Apparel Mike Langan will also have a folder so you can leave notes for them if you would like!

Central Maryland Swim League (CMSL)

There are 54 teams in our league divided into 10 divisions. We have been in Division 2 for the past several years. We will continue to compete in Division 2! The league provides competitive swimming programs for children of member summer swim clubs and pools and to promote love for the sport, advance aquatic skills, teamwork and the principles of good sportsmanship.

Coach Sue

Coach Sue competed for the Andover Swim Team from 1971 to 1983. She started winter swimming when she was 10 for KCO (Knights of Columbus Orchards) in Towson. She continued her career at James Madison University. During her college years she coached the 1985 and 1986 seasons. After a few years in the “real” world she returned to coaching in 1994!

Tiger Tank

The Tiger Tank (25 meter pool) was built in 1972. We are very fortunate to have 2 pools, one mainly for the swim team.

Email

We are encouraging everyone to read the weekly emails from Coach Sue. We plan to only make approximately 10 hard copies to be available to those who do not have email or cannot open email attachment. This will save time for Coach Sue and for her file folder “stuffers”! Thanks for understanding!